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Instant Pot Cookbook: 1000 Day Instant Pot Recipes Plan

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Instant Pot DUO60 6 Qt 7-in-1 Multi-Use Programmable

Product Description. This fantastic Salter air fryer is the healthy way to cook all your favourite foods with little or no oil. Simple and convenient to use with a digital LCD display, 30 minute timer and automatic switch-off, the fryer circulates hot air around and through the food for a fast, thorough cook.

Salter EK2205 Healthy Digital Hot Air Fryer, 4.5 Litre

I have been on your reflux diet for several months with excellent results. I've dropped over 22 pounds, feel energized, am sleeping better, have minimal reflux symptoms, AND I'm enjoying the recipes and scientific explanation for my disease(LPR).

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